

# TESTIMONIOS PROJECT- YOUTH PROMOTOR (16-25)

## BEHAVIORAL/MENTAL HEALTH PROMOTORES (ADVOCATES)



WELLNESS • RECOVERY • RESILIENCE

### INTERNSHIP OVERVIEW:

Latino Service Providers Testimonios Project is looking for twenty (20) young bilingual bicultural women and men from Elise Allen, Piner, Roseland University Prep, Roseland Collegiate Prep, Santa Rosa High School, Sonoma Valley High School, and Santa Rosa Junior College (ages 16-25) who are interested in psychology, counseling, or any mental health career. The required commitment is a minimum of ONE YEAR, but candidates can renew up to five years, until 2021-2022.

This project is funded by the California Office of Health Equity under the California Reducing Disparities Project, which seeks to address the behavioral and mental needs of underrepresented groups such as Latinos, African-, Asian-, and Native Americans as well as the LGBTQ+ communities. The goal of this project is to help increase cultural awareness and how cultures affects the beliefs, attitudes, and response to mental illness within the Latino community.

### DUTIES AND RESPONSIBILITIES:

#### Specific duties include but may not be limited to:

- ❖ Attend experiential learning activities, as listed below, and others highly recommended throughout the year to further mental health learning and practice:
  - Summer, JUNE-JULY 2018: Community Health Worker course at the Santa Rosa Junior College
  - JULY 2018: Working Weekend Retreat - Youth Mental Health First Aid
  - AUGUST 2018: Question Persuade Refer (QPR) Training
  - JANUARY 2019: Mi Futuro Symposium
  - March 2019: Latino Family Summit
  - May 2019: Latino Service Providers Monthly Meeting
- ❖ Attend Youth Promotor and Concilio meetings 1-2 times a month between May 2018 to May 2019.
- ❖ Participate and/or present in mental/behavioral health workshops/forums/symposiums; social media campaign and art project development; and a menu of other projects and their implementation; conduct surveys/platicas; research; and other outreach activities.
- ❖ Participate (voluntary, but highly encouraged) in program evaluation by completing surveys, documenting activities, and interviews.
- ❖ Disseminate applications to potential Youth Promotores for Testimonios project and help coordinate recruitment presentations with appropriate administrators and teachers.

### Compensation:

Youth Promotores will be paid \$10 per hour for training and \$12 per hour for project activities and community engagement efforts. Approximate hours per student are 124 hours annually.

### Applicant Process:

- 1) Submit application before, **Friday, February 23, 2018** via mail (address below) or email to Gemma Bolaños at [gbolanos@latinoserviceproviders.org](mailto:gbolanos@latinoserviceproviders.org)
- 2) Complete Potential Youth Promotor interview  
(Date will be provided if selected by the reviewing committee)
- 3) Attend Orientation Day at Santa Rosa Junior College  
(Date will be provided once accepted as a Youth Promotor for the 2018-2019 year)